

PHAA Mental Health SIG AGM 2021/2022 - Minutes

Meeting 6:30pm AEDT

1. Acknowledgement of country, welcome, apologies
 - Ellen: I'd like to acknowledge the Whadjuk people of the Noongar nation whose Country I live and work on and pay my respects to their Elder's past and present. I'd also like to acknowledge the First Nations people as the traditional owners of the lands on which everyone at this meeting is on and their deep and continuing connection to these lands that were never ceded.
 - I would also like to acknowledge the people of the country that each member is joining from.
2. Restorative mindfulness practice from Bronwyn Gresham
3. Presentation from Tahnee McCausland on evaluation results from the latest Think Mental Health campaign
4. Election of Committee Members and Convenors for 2022/23
 - Thanks given to previous committee members for their contributions
 - Ellen and Erica stepping down (Erica will stay on until a second co-convenor is found)
 - 6 nominations for committee members
 - 1 nomination for Co-convenor

First Name	Last Name	Email	Role
Maria	Budimir	maria.budimir@cohealth.org.au	Committee member
Kara	Jaeschke	k.jaeschke@qcmhr.uq.edu.au	Committee member
Sharnae	Zanotti	Sharnae.zanotti@gmail.com	Committee member
Deena	Mehjabeen	mehjabeen.deena@yahoo.com	Committee member
Stephen	Carbone	stephen.carbone@preventionunited.org.au	Co-convenor
Erica	McIntyre	erica.mcintyre@uts.edu.au	Co-convenor

5. Overview of SIG activities for 2021/22
 - The committee has had very limited capacity this year.
 - Our actives for this year can be found in the PHAA Annual Report
 - A webinar was run on an Introduction to Health Promotion by Prevention United
 - Roughly 60 people attended.
 - We decided on our key priority areas:
 - Advocating for 5% spend commitment on mental health promotion.
 - Advocate for action on mental health framework
 - Advocate for action on research into mental health
 - Deena wrote an article on Improving the Mental Health of Rural Men – published on December 15th.

6. SIG Financial statement and membership

- No financial report yet
- As of today, the MH SIG has 226 members.
- We have \$6,761.41 available to the SIG. Of this \$448.76 came from membership income for 2021/22. The rest of this amount was carried forward from previous years income.

ACTION: Committee members to put forward ideas for using this money moving forward

- **Possibility to spend money on scholarships to conferences and presentations.**

7. Next steps for the coming year

- Next Committee meeting date.
 - **2nd February 2022 at 1PM AEDT**
- Other business/questions